

# ACTIVITY SHEET



## UNDERSTANDING AND BUILDING OUR WORLD AND OUR STORIES TOGETHER

At the McCord Stewart Museum, we use objects, stories, and shared experiences to help our visitors better understand the world around them, no matter their age or background. With our participatory approach and civic perspective, we prioritize observation, questions, and dialogue in our virtual activities.

## MY ALLYSHIP IN ACTION TO SUPPORT INDIGENOUS NATIONS

VIRTUAL PARTICIPATORY WORKSHOP

**Length:** 45 minutes

**Target audience:** 2<sup>nd</sup> cycle of Secondary school – Cegep – University – Adult – Senior

**Educational areas:** Social sciences – Personal development – Ethics and religion – History and civilizations – Art history – Religious studies – Sociology – Philosophy – Indigenous studies – Literature – Arts and letters

### DESCRIPTION OF THE ACTIVITY

What concrete actions can we take in our daily lives to become allies in Indigenous struggles? Reconciliation requires an awareness of Indigenous realities through dialogue and tangible actions led by Indigenous and non-Indigenous individuals. Developed in response to the Truth and Reconciliation Commission of Canada, this workshop is a call to action and reflection rooted in participants' ability to consider these realities and commit to reconciliatory actions. It will spark individual and collective actions to create dialogue and not speak on others' behalves. The process starts today! Participants are invited to examine the impacts of colonization and contribute to an intercultural approach to start a conversation for future generations.

### STRATEGIES

Questioning and discussion

### ATTITUDES DEVELOPED

Self-open-mindedness – Open-mindedness

### MAJOR THEMES

#### Open-mindedness

In the effervescence of large city centres, cultures mix, and ways of living, being, and doing are enriched. From this diversity emerges curiosity that becomes the source of renewed dialogue.